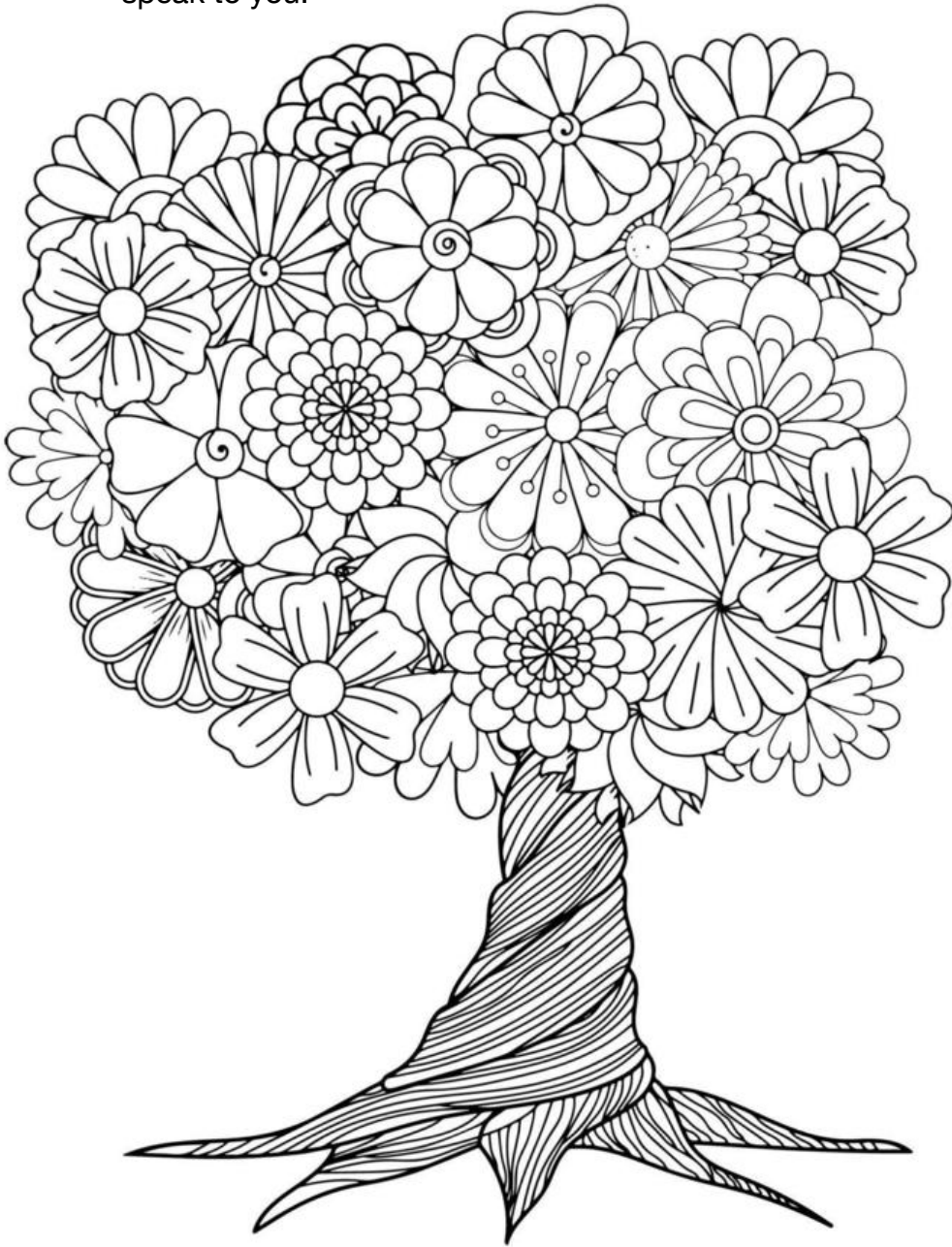


Colouring opens up time, slows it down and creates space for reflection. As you embark on this spiritual practice, take time to reflect on how you connect with the richness of the Tree of Life theme and how it may speak to you.



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